

## Case #8: SBIRT for Older Adults: Implementing Florida's BRITE Program

*Synopsis of a recorded webinar*

DATE: October 16, 2013

### Presenter:

**Robert Hazlett, PhD**

### Overview

The Florida BRITE (Brief Intervention and Treatment for Elders) Project's mission is to serve individuals 55 years and older to identify non-dependent substance use or prescription medication issues and to provide effective service strategies prior to the need for more extensive or specialized treatment. This webinar gives guidance to current grantees and potential future grantees about the steps necessary for successful SBIRT grant implementation.

### Patient Population Served:

Adults 55 and older.

### Content Description:

The presenter discusses important factors to consider when implementing a grant-funded SBIRT program on a state or regional level, including:

- How to research and approach the selected provider sites
- How to "sell" the SBIRT project to provider sites so they will get onboard with the project
- The importance of meeting with key personnel at the sites from the very beginning to address all concerns

- What to bring with you to the first meeting to help convince the site that their participation in the SBIRT project will be worthwhile
- The importance of completing a "Business Process Analysis Plan," a detailed implementation guide designed to walk the site through the process of fitting SBIRT into their unique setting
- How to deal with GPRA requirements in as non-intrusive a way as possible
- Developing an "SBIRT Tool Kit" for the staff to use during the screening and brief intervention sessions
- Mentoring and supervision to help ensure fidelity and sustainability
- Completing quarterly site reviews

### Screens Used:

The BRITE Project uses an Extended Healthcare Questionnaire that includes alcohol and drug pre-screen questions and the PHQ-2. For full screening, the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST) and the PHQ-9 are used.

### Billing information:

Specific billing information is not included. Check with state and commercial insurance sources for more information about billing for SBIRT in your area.

### Link to Webinar:

[http://ireta.org/http%3A//ireta.org/10\\_16\\_13webinar](http://ireta.org/http%3A//ireta.org/10_16_13webinar)

