Extending SBIRT’s Reach: The University of Maryland School of Social Work SBIRT Project

Paul Sacco, PhD, LCSW

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Social Work Context and SBIRT

- Social Workers are frontline BH providers.
  - In 2010 – 60,000 SWs in healthcare[^1]
  - Other settings where substance use important
    - Child welfare, EAP, mental health, juvenile justice
- Problem: Lack of behavioral health integration in social work
  - Social Workers=19% of addiction workforce[^2]
  - 3% of all social workers identify as addiction specialists[^3]
Why SBIRT & Social Work

• Passage of the Affordable Care Act in 2010

• State and Local changes at the system level
  – Two Mergers
    • MD: Behavioral Health Administration
    • Baltimore: Behavioral Health Systems

• Ongoing evolution toward integrated models of care at system and individual levels
Maryland Social Work SBIRT Project

• SAMHSA SBIRT Training Grant
  – In the second cohort of grantees (9/14-8/17)
  – Second SBIRT project at UMB after medical residency program
  – Maryland State SBIRT Grant also funded

• Overarching Goals of the project
  – “advance the competency of MSW students to effectively utilize SBIRT”
  – Bring SBIRT to new settings and populations where social workers practice
Our Training Model

• **SBIRT Standalone Courses (2-day)**
  - Standardized Patient pre- & posttests
  - Didactic Modules from SAMHSA curriculum
  - Role Play & other experiential activities
  - Video demonstrations tailored to social work

• **SBIRT Infusion in foundation SW Course**
  (1 class)
  - Modules added online
  - In-class curriculum & role play

• **SBIRT training for Field Instructors (1/2 day)**
  - In-person training with current & future FI’s
  - Didactic curriculum and role plays
  - Demonstration of supervision video’s
Evaluation Components

- **Knowledge, Attitudes and Behaviors (KAB) questionnaire[^4, ^5]**
  - Pretest, posttest, and 6-month

- **Standardized patients**
  - MD3 SBIRT Coding Scale[^5]

- **Semi-structured Focus Groups**

- **GPRA Surveys**
So Far…

• January 2015 – Train the Trainer for our faculty and staff

• April 2015 – 1st Standalone Course (30 students)

• May 2015 – 1st Field Instructor Course
What we’ve been learning

• Students appreciate simulation…
  – Not the same as role play
  – It is underutilized in social work education

• What to do with Motivational Interviewing
  – It is all over the curriculum already but…
  – Competency is limited.

• Addressing social work settings and SBIRT
  – How does this look outside of healthcare?
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References


