

Case #7: SBIRT in Action: Another Vital Sign

Synopsis of a recorded webinar

DATE: November 13, 2013

Presenter:

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Chief Executive Officer at the Ohio North East Health Systems, Inc.

Overview

Ohio North East Health Systems, Inc. is analyzing data (compared with baseline data and a control site) to assess the feasibility and effectiveness of the SBIRT process in its federally qualified health center after a six month pilot program. Results show that SBIRT can easily be implemented in a primary medical care setting with minimal costs resulting in significant results. Early identification of depressive symptoms and risky alcohol and/or drug use is an important first step to more complete and comprehensive health care delivery by the primary care provider.

Patient Population Served:

General adult population at a large Federally Qualified Health Center.

Content Description:

The presenter begins the webinar by making the case for the importance of screening for both mental health problems (primarily depression) and alcohol and drug problems in medical settings using the SBIRT process. Other areas discussed include:

- The flow of the SBIRT process at the clinic from the time the patient arrives for treatment
- The screens that the clinic uses
- The total number of patients screened during a 6-month test period (2/17/13-8/17/13: 2,482)
- Why providers are not good at asking about behavioral health issues
- Study results including patient satisfaction data, identification and diagnostic analysis, time study analysis, interventions initiated and referrals made (and results) and initial implementation costs
- Some conclusions drawn from the study so far
- Suggestions for the future (“Where do we go from here?”)

Screens Used:

NIAAA and NIDA plus the PHQ-2 for pre-screening. AUDIT, DAST and the PHQ-9 full screens for anyone positive on the pre-screen.

Billing information:

The clinic doesn't bill for SBIRT services at this time. The SBIRT Medicaid codes in Ohio are not currently active.

Link to Webinar:

http://ireta.org/http%3A//ireta.org/11_13_13webinar



National Screening, Brief Intervention & Referral to Treatment

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Screening, Brief Intervention
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SBIRT

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