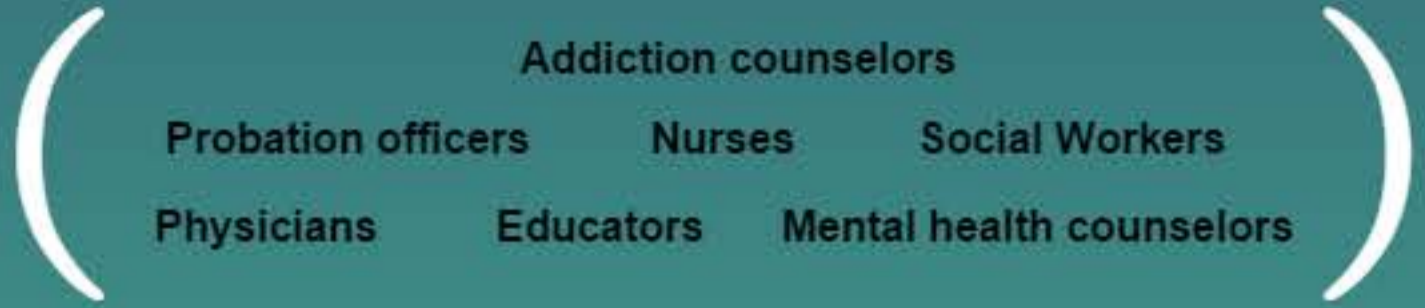


Helping someone in medication-assisted treatment find recovery support groups



Social support aids recovery.

HELPERS



Are you seeking recovery support for someone in buprenorphine or methadone treatment?

What can you

DO



“Embrace a philosophy of choice based on the assumption that there are multiple pathways to long-term recovery”

Avoid mandating AA/NA meetings without knowing which groups welcome people in medication-assisted treatment

Monitor the reported attitudes toward medications in various recovery support groups

Work with local AA and NA groups, as well as other recovery support groups, to locate medication-friendly meetings in the community

Hold medication-friendly recovery meetings onsite

Provide sample scripts that can be used to respond to questions about medications in recovery support groups

Seek ongoing professional education to reduce anti-medication bias among your colleagues

Infuse your setting with the literature, symbols, slogans, and art of multiple recovery mutual aid societies, as well as images that celebrate recovery outside of formal societies

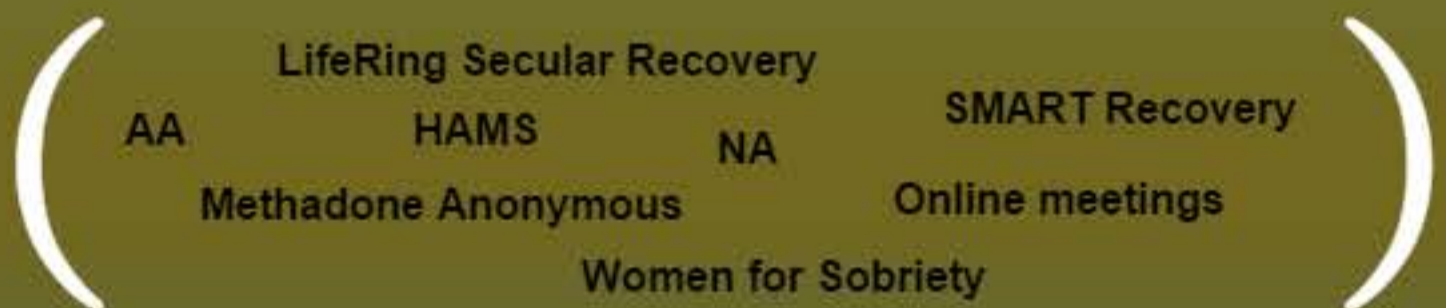
What can you

SUGGEST



“Explore your options for recovery support”

Consider the full range of available recovery support groups.



Find other people in medication-assisted treatment who share your recovery aspirations

Initially withhold your medication status until you have time to assess a personal fit with a recovery support group

Consider starting your own group

Adapted from White, W. (2011). *Narcotics Anonymous and the pharmacotherapeutic treatment of opioid addiction*. Chicago, IL: Great Lakes Addiction Technology Transfer Center, Philadelphia Department of Behavioral Health and Intellectual disability Services.

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