



MetroHealth

The Office of Opioid Safety

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Agenda

- Trends
- Office of Opioid Safety Programs
 - Internal
 - External
- Grant Support
- Q&A



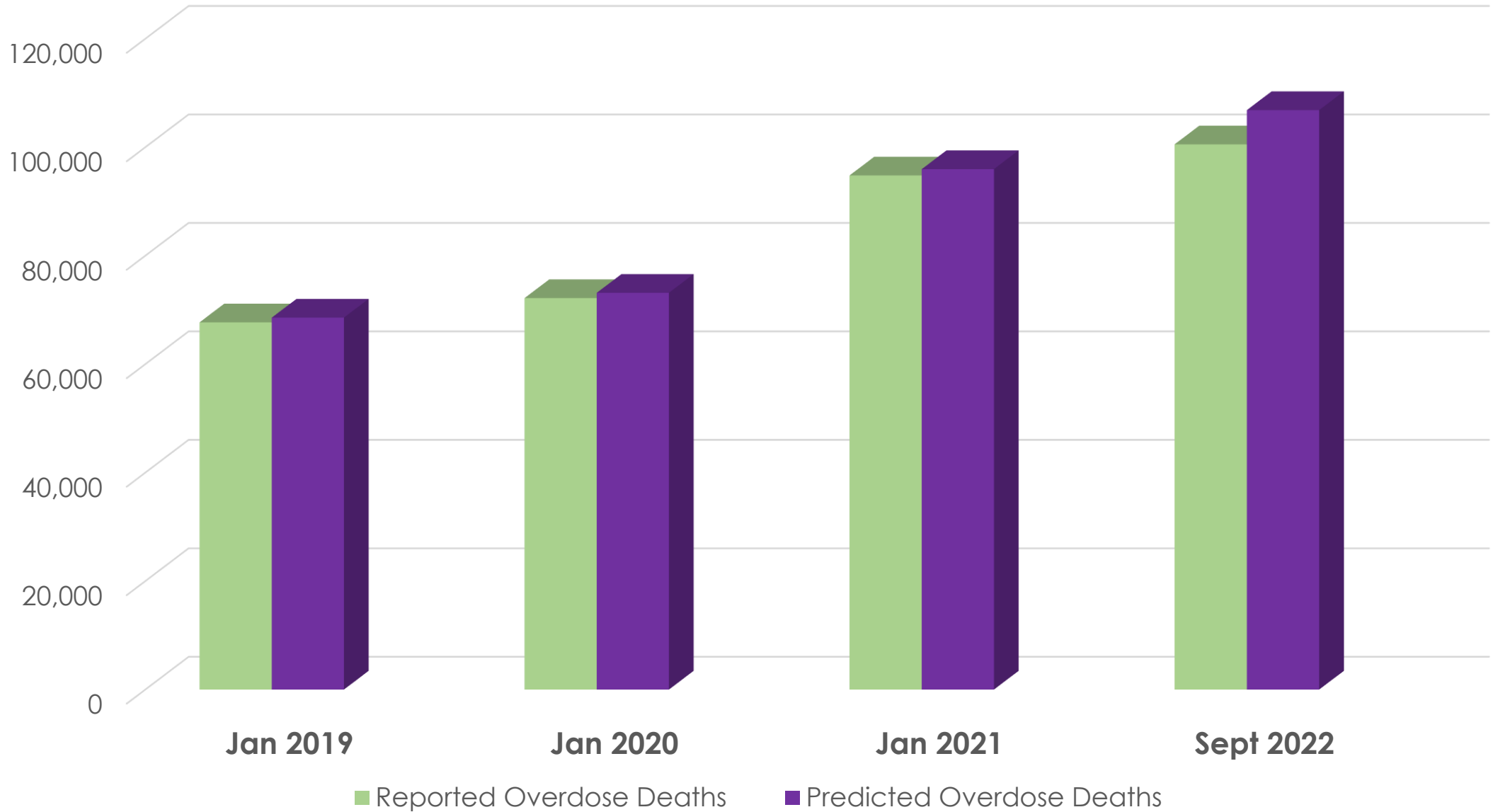


The Opioid Epidemic

An American Problem

Reported vs. Predicted Overdose in the United States

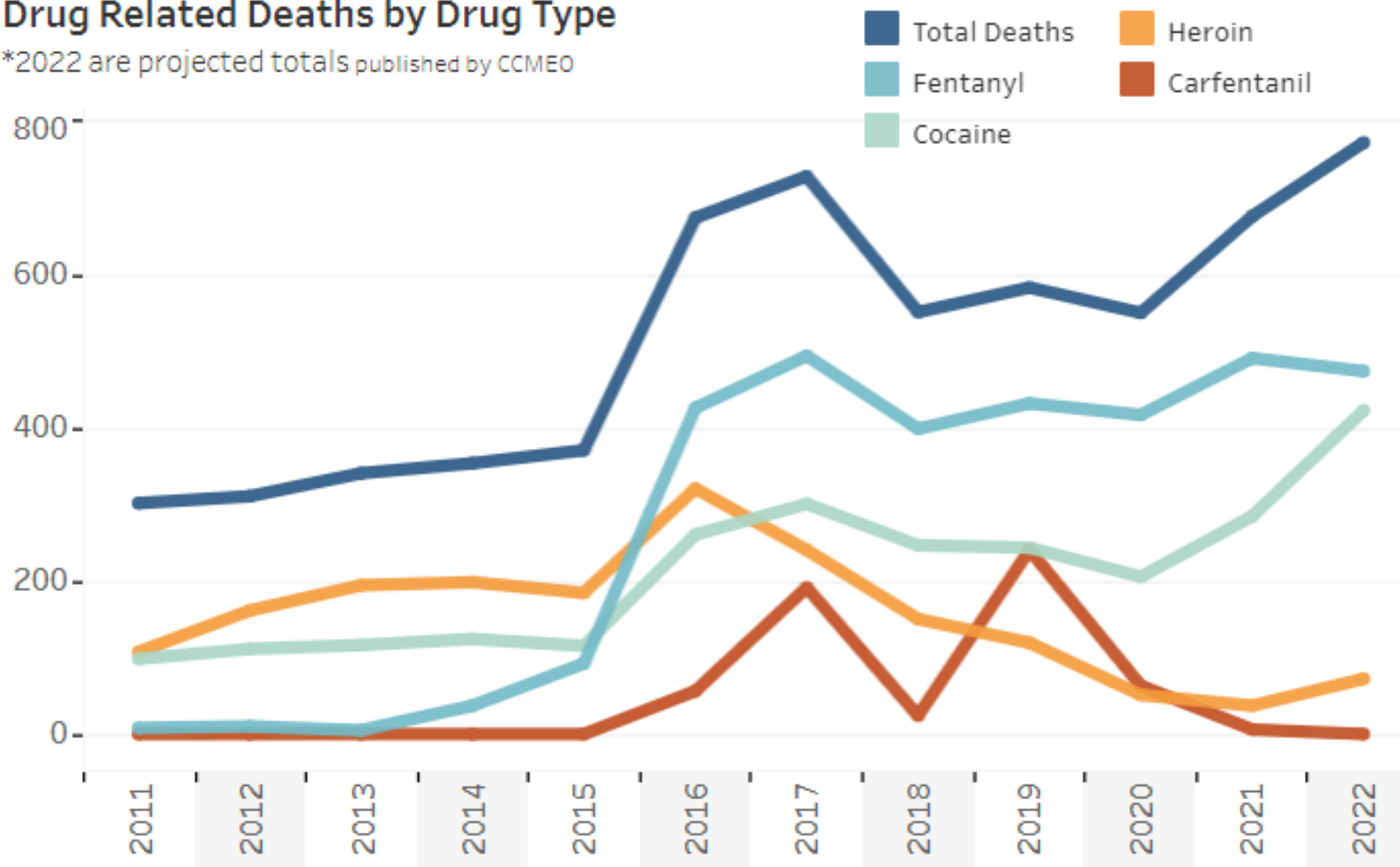
Comparing 2019 data to the present



What is Happening Around Cleveland, Ohio?

Drug Related Deaths by Drug Type

*2022 are projected totals published by CCMEQ



& Linkage to Care

metrohealth.org

FARBER
PRIORITY VEHICLE



Office of Opioid Safety

Education, Programs & Research

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Opioidsafety@metrohealth.org

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www.metrohealth.org/office-of-opioid-safety

Leadership Team





Office of Opioid Safety Programs

Education Team

Controlled
Substance Peer
Review (CSPR)

Pharmacy/ Nurse
Care
Management
Collaboration

Academic
Detailing

Motivation &
Engagement
Clinic (MEC)

Death Avoided
with Naloxone
(Project DAWN)

Quick Response
Team (QRT)

Expanding Access
to Medication
Assisted Treatment
(ExAM)



Education Team

A Tailored Approach



The Education Team

Providing individualized clinical and community education to:

MetroHealth
employees

First Responders

Cuyahoga
County
Corrections
Center

Communities

Organizations,
Employers, etc.

School Districts

Higher Education

Businesses

Faith-Based
Organizations



Community Education Team

Goals

Promote Awareness

Reduce Stigma

Provide Resources

Expanding Reach



Partnerships

Integrated partnership with Cleveland State University

Promotional materials with both logos

Education to be included in Health & Sciences Course curriculum

ASC101 pilot program (looking to make mandatory)

Mandatory trainings for all student athletes and individual teams

Mandatory Drug & Alcohol Awareness Course for sanctioned students



Ursuline College

Provided mandatory 2- part training for all Resident Assistants

Partners to introduce team to other departments



Case Western Reserve University: First 5 Minutes Program

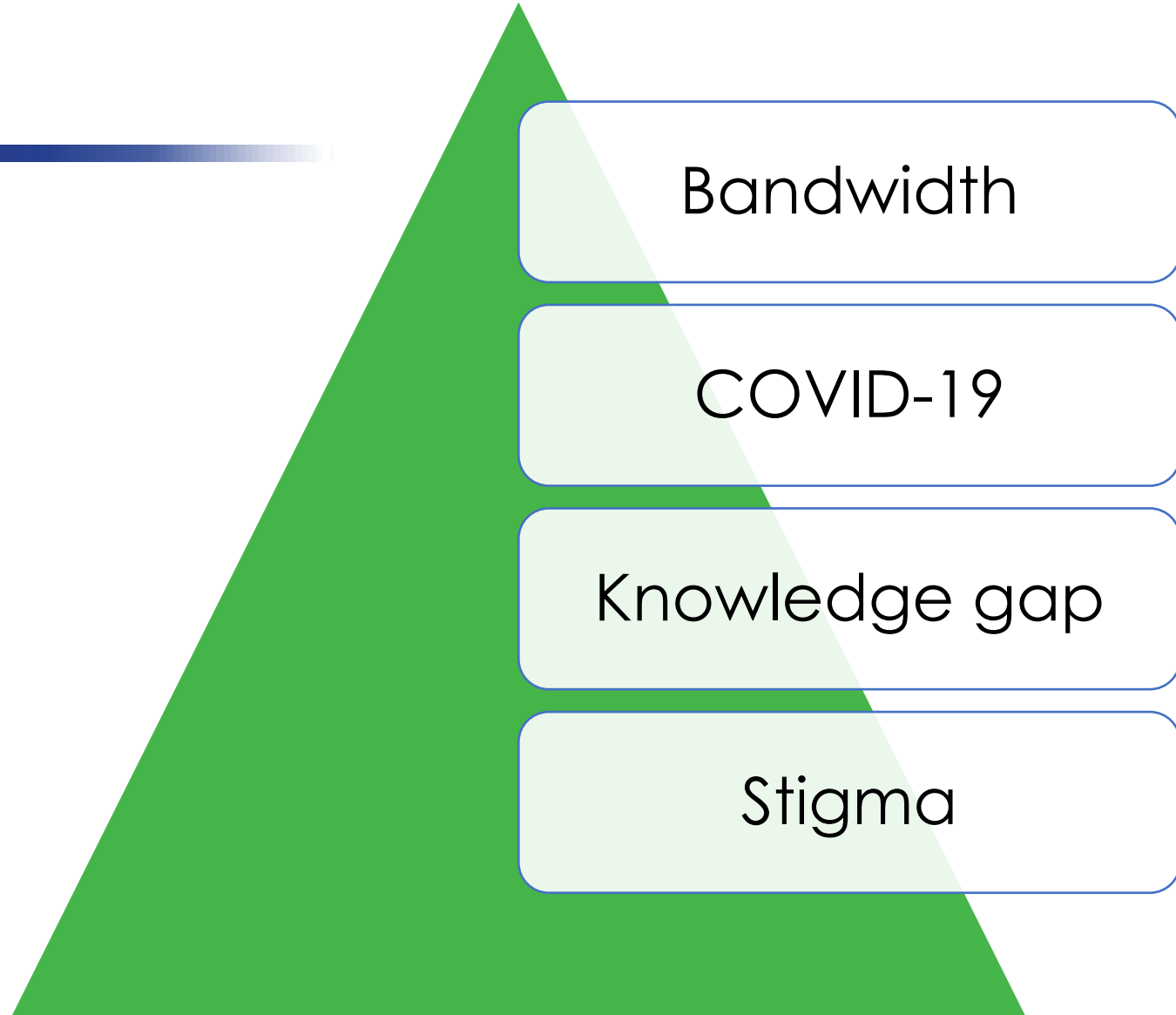
Collaboration with MetroHealth Simulation Institute

Mandatory annual training for all first year CWRU Med Students

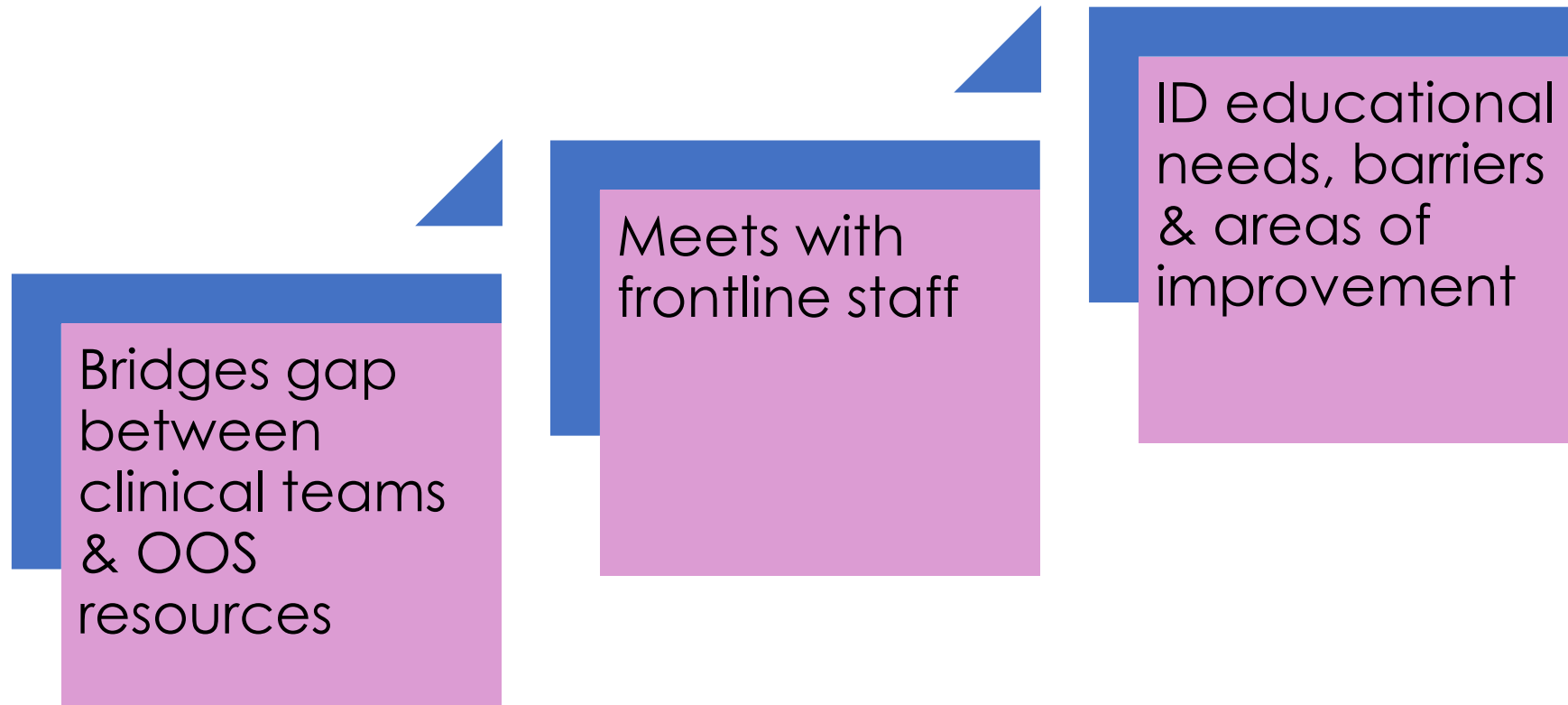


Relationship building has resulted in long-term, sustainable partnerships for future collaboration & expansion*.

Barriers

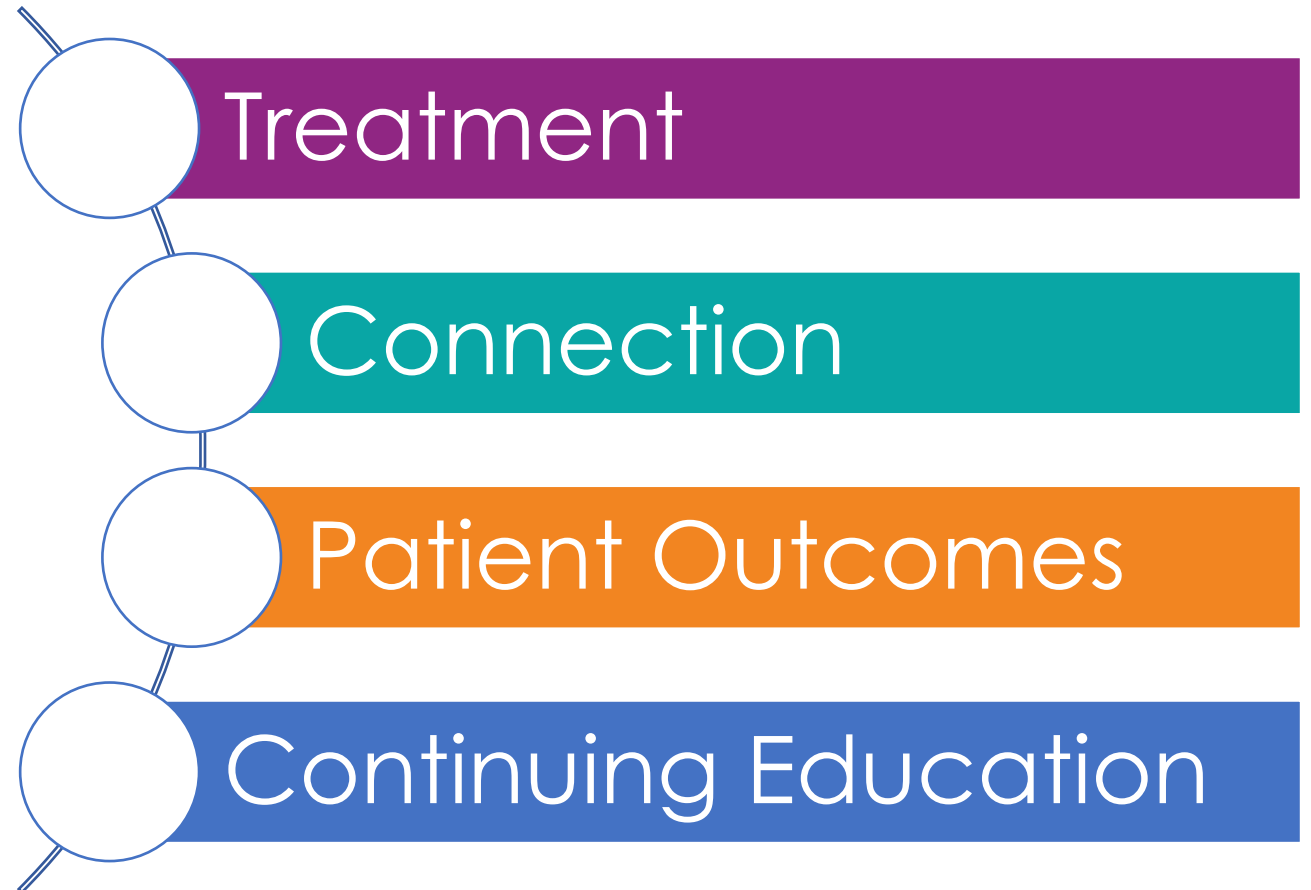


Clinical Education



Priority Education Areas

- Emergency Department
- Correctional Medicine



Future Initiatives



Onboarding
new nurses



Human
Trafficking &
SUD



SUD among
healthcare
staff



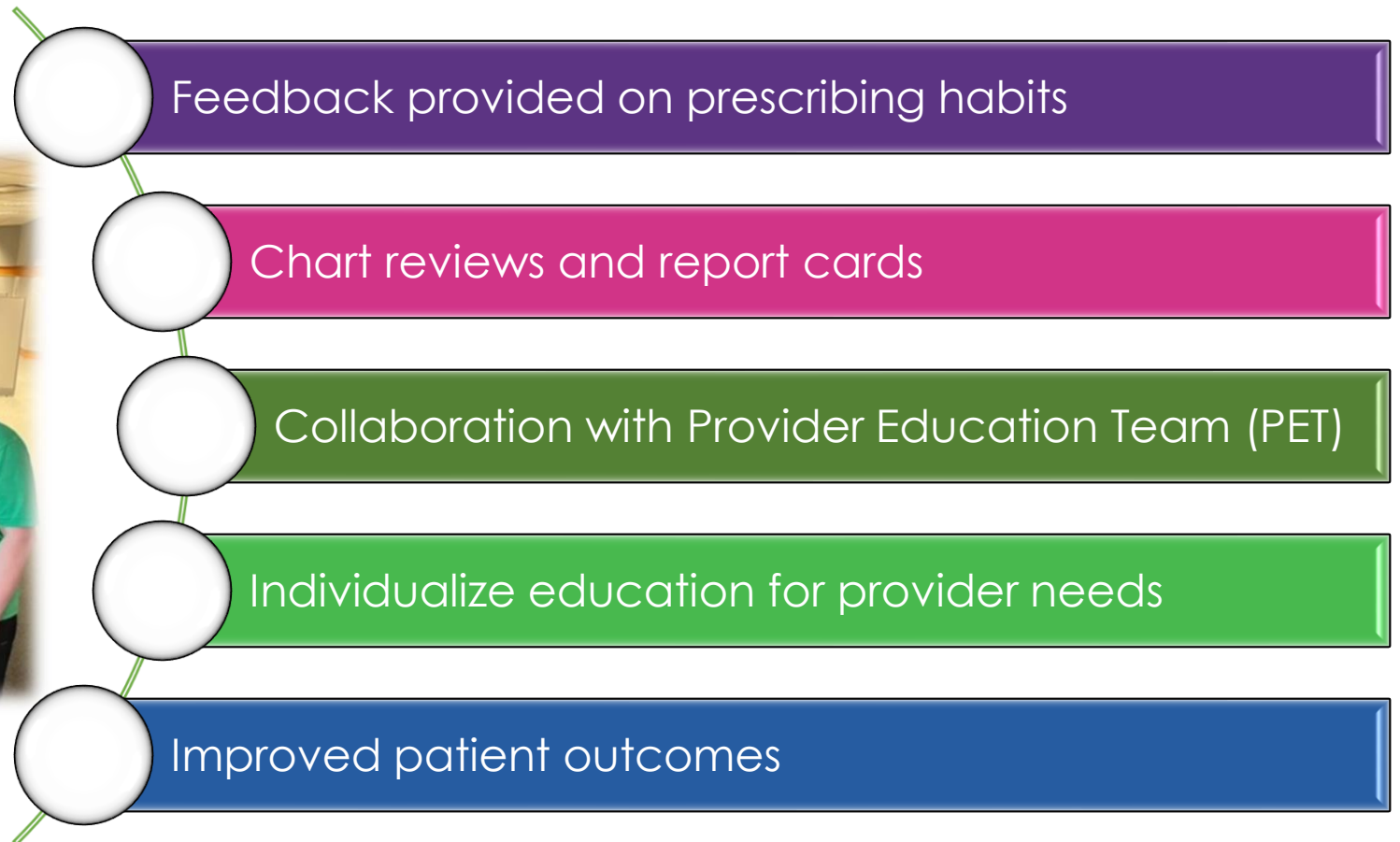
Collaboration



Controlled Substance Peer Review (CSPR)

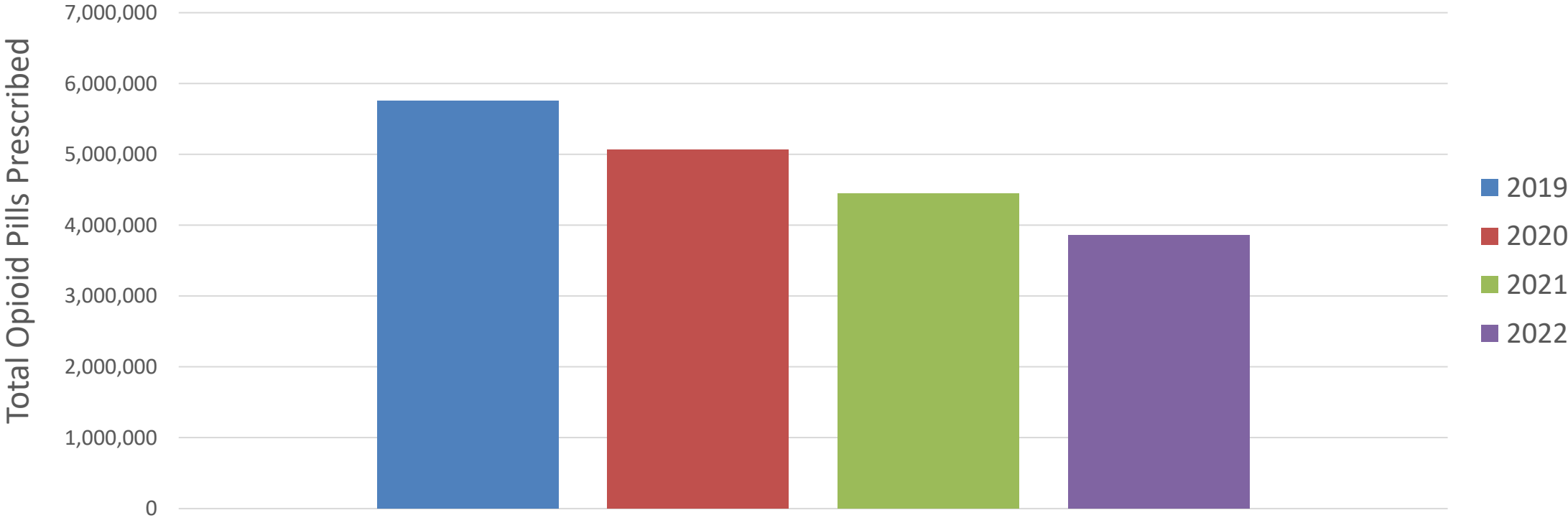


Controlled Substance Peer Review (CPSR)



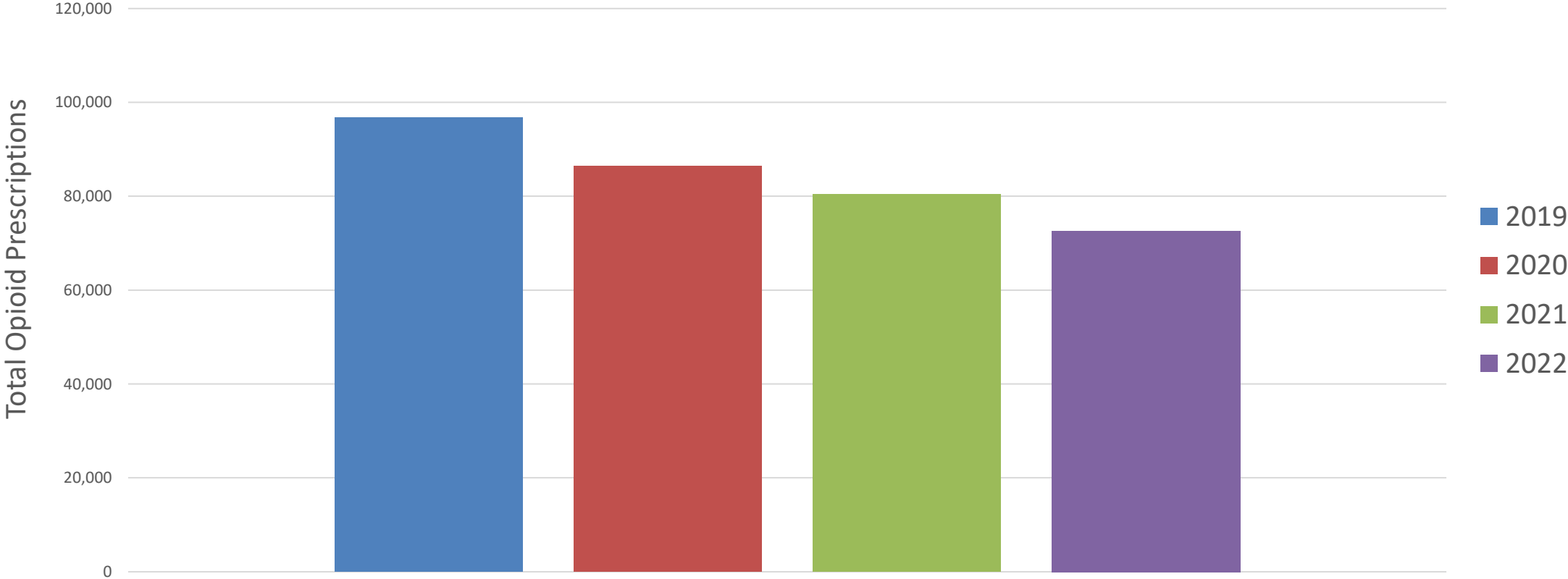
Total Opioid Pills Prescribed 2019 - 2022

33% decrease in opioid pills prescribed



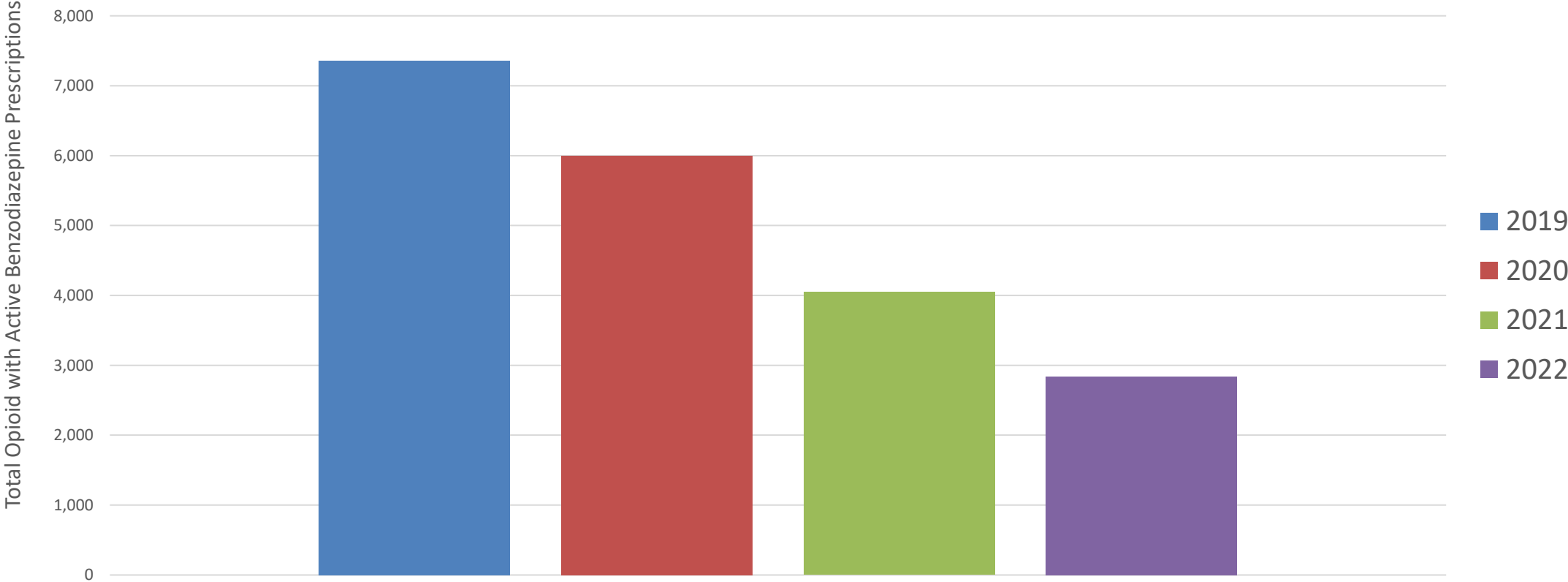
Total Opioid Prescriptions 2019 - 2022

25% decrease in opioid prescriptions



Total Opioid Prescription with Active Benzodiazepines 2019 - 2022

61% decrease in opioid/benzodiazepine prescriptions



Pharmacy/ Nurse Case Management Collaboration



Pharmacy Specialist



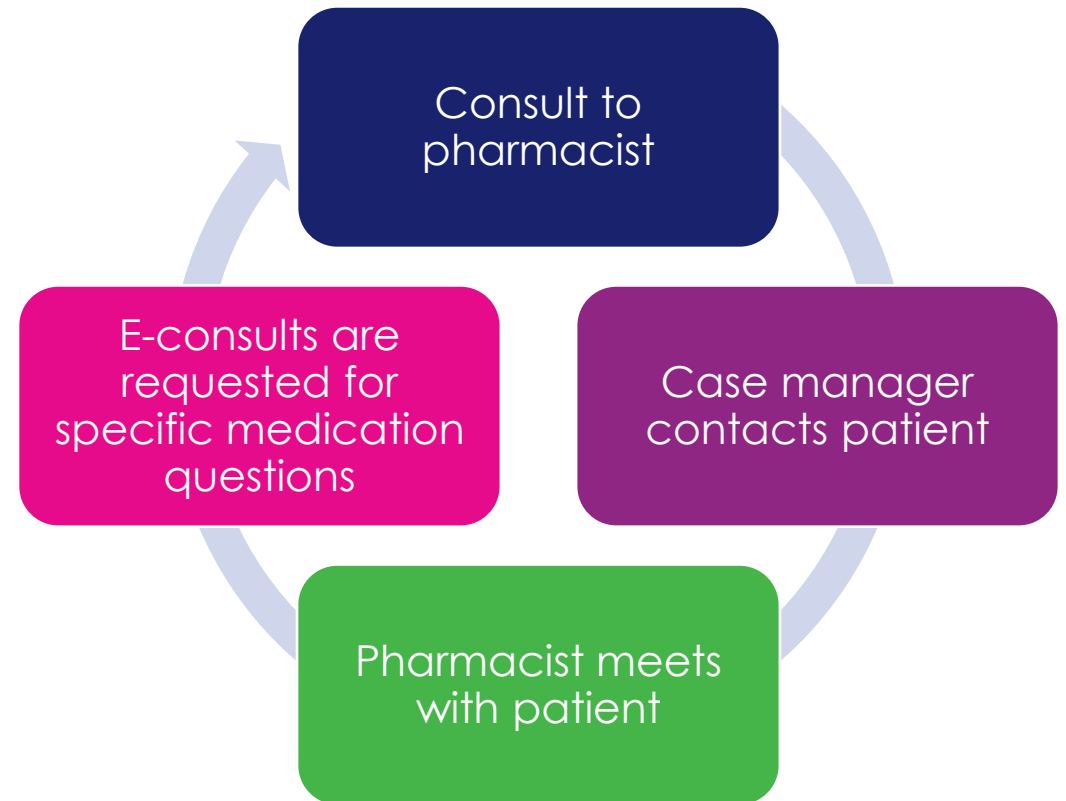
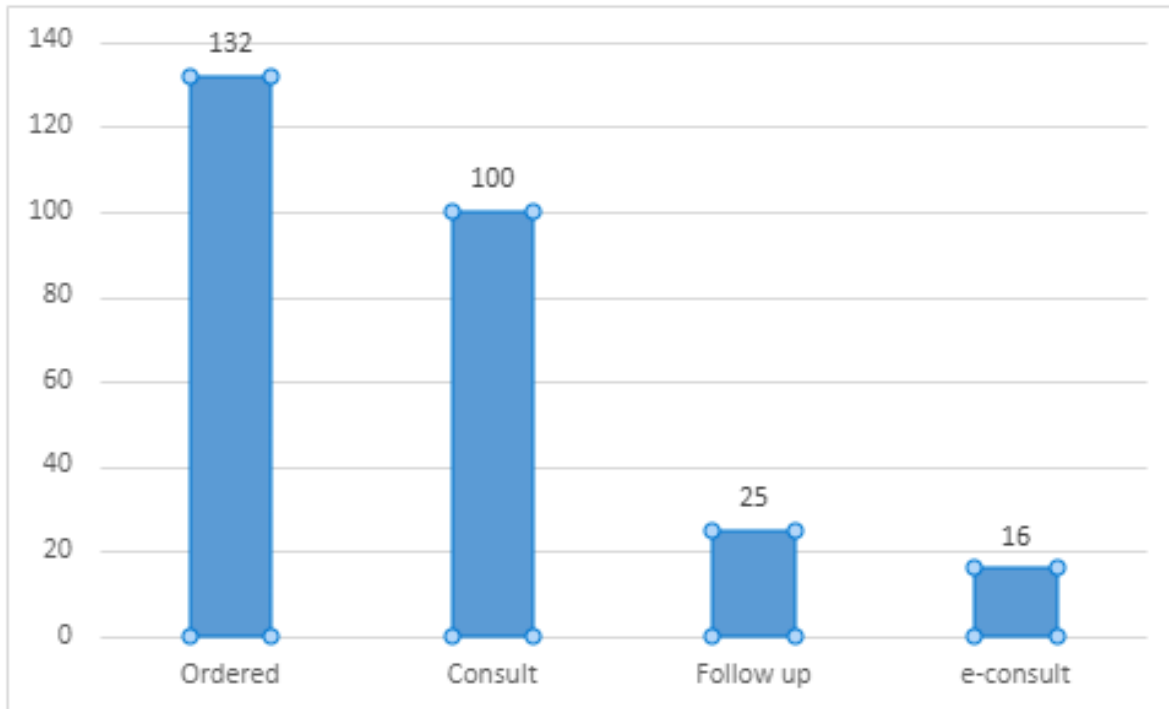
- E-consults
- Pharmacy Pain Medication Evaluation
- Member of CSPR Committee
- Pharmacy Residency Program Coordinator
- Preceptor to pharmacy students & residents

Nursing Case Management



- Member of CSPR Team
- Schedules consults for specialty pharmacist
- Assist patients with transportation, scheduling, insurance, and education
- Work individually with providers to identify at-risk patients
- Assist with transitioning patients to other providers as needed

Pharmacist Encounters 2022



Palliative Care Collaboration Project

Provider requested assistance with legacy patients



Majority of patients did not meet criteria

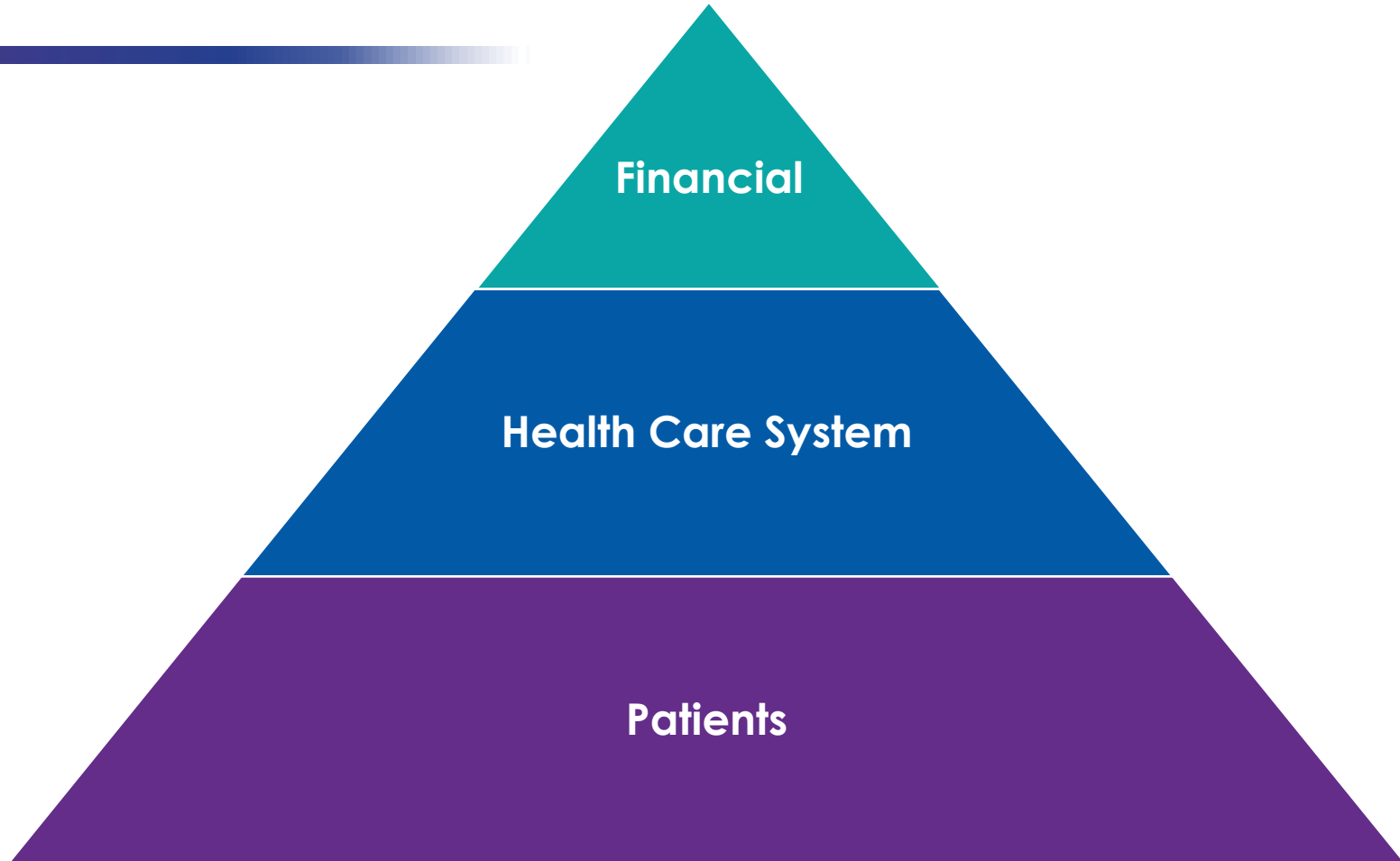


Increased risk for adverse outcomes



Collaboratively develop plans of care

Barriers



Academic Detailing





Academic Detailing: What is it?

Text bar

Short 1:1
meeting

Uses evidence-
based resources

Tailored to
address gaps in
knowledge

GOAL: behavior
change

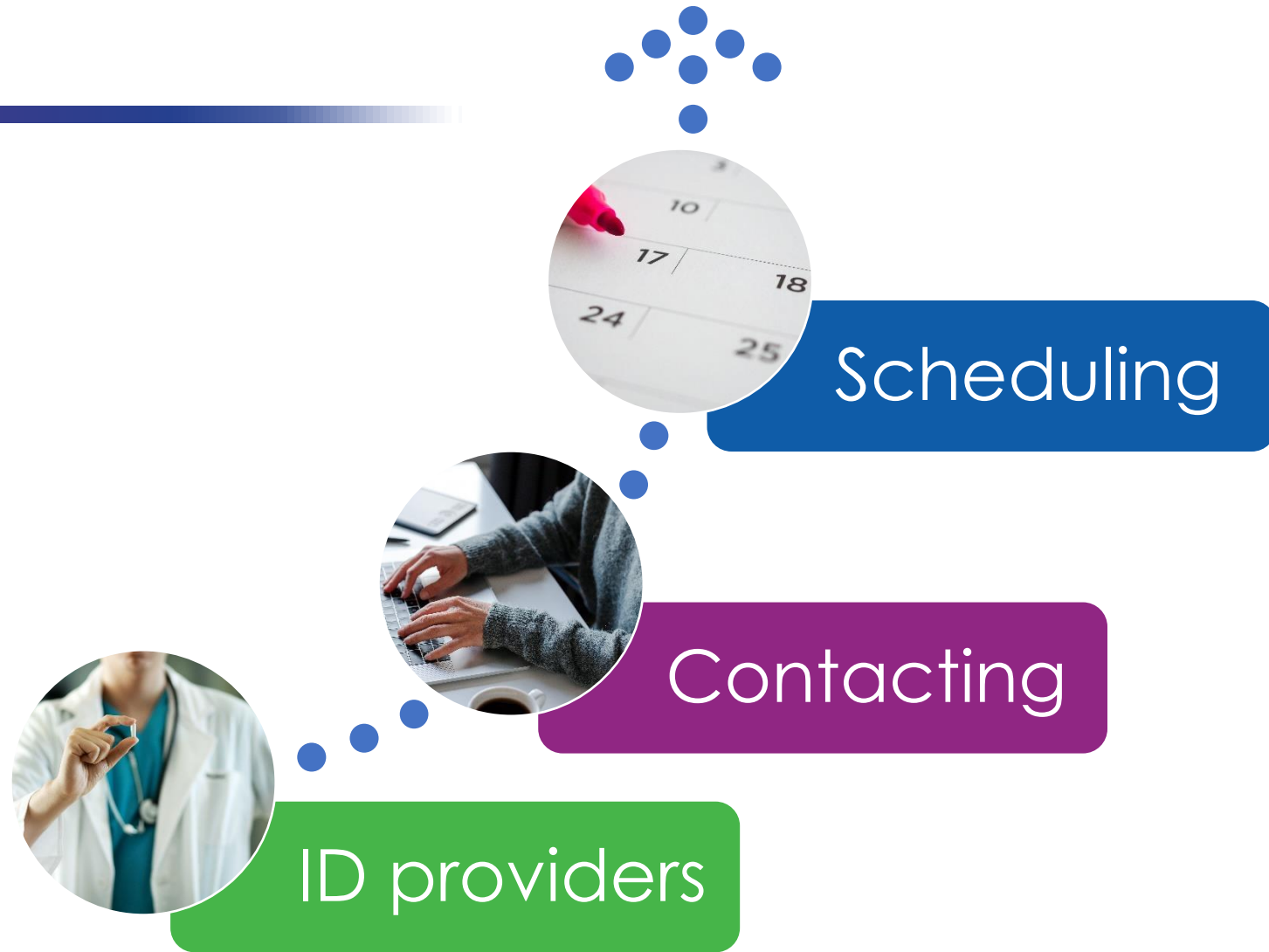
Academic Detailing Data: 2022

Number of meetings with providers:	320 +
Specialties:	FM, Med/Peds, IM, Ortho PAs, Psych APRNs & ALL providers in the Emergency Department
Topics discussed:	PDMP, Opioid Risk Tool, Referrals, LAWS, policy, guidelines, Co- Prescribing, Naloxone and MAT

Academic Detailing: Post Prescribing Behaviors

- ↓ Number of opioid pills prescribed
- ↓ Number of opioid prescriptions
- ↓ Number of co-prescribed opioids/benzodiazepines
- ↑ Number of pain management referrals

Barriers



Academic Detailing: What's Next?

- Care of SUD in the ED
- Continued Opioid Stewardship
- Controlled Substance Stewardship
 - Care of SUD in Primary Care





The Motivation and Engagement Clinic (MEC)

What is MOUD/MAT



Stigma Against Medication

Belief that medications “trade one addiction for another”.

“A lot of people don't consider someone sober if they are on [medications], but I am more productive, kinder, more hardworking, and much more attentive...Different things work for different people.”

EMILY BROCKWAY

- Relieves withdrawal symptoms & cravings
- Normalizes brain chemistry
- Blocks euphoric effects
- Manages uncomfortable cravings
- Normalizes body functions
- Used in conjunction with other behavioral health services
- NOT intended as stand-alone treatment

Motivation and Engagement Clinic (MEC)

Low threshold care



- MAT/ MOUD
- Level of Care Assessments
- Case Management Services for OUD
- Group/Individual Counseling
- Peer Support
- Care Coordination

MEC Goals

Increase
access to
MOUD

Increase
referrals

Expand
hours

Engagement

Increase
awareness

Reduce
overall OD
rate

MEC Clinic Data 2021: July - December

MEC	2021	Totals
New Patients		241
Total Visits		1,994
ED Referrals		32
QRT Referrals		16
ExAM Referrals		22
Project DAWN Referrals		10
MHRS Referrals		10
Inpatient Referrals		12
Outside Facility Referrals		7
Total Referrals to MEC 2021		109

These numbers do not include family/friend/online referrals

MEC Clinic Data 2022

MEC	2022	Total
New Patients		471 ←
Total Visits		7861 ←
Assessments		126
ED Referrals		17
QRT Referrals		9
ExAM Referrals		13
Project DAWN Referrals		2
MHRS Referrals		20
Inpatient Facility Referrals		6
Outside Facility Referrals		14
Total MEC Referrals		81

These numbers do not include family/friend/online referrals

Barriers

Bilingual Staff

- Spanish speaking providers
- Spanish speaking group therapy facilitators

Staffing

- Employees outside of OOS



Project DAWN & Syringe Exchange Mobile Unit



Project DAWN Goals:

Overdose Education
& Naloxone
Distribution

Provide Harm
Reduction Supplies
& Linkage to
Treatment Resources



What to expect when visiting Project DAWN Clinics

Walk-in, no appointment

Confidential (NOT anonymous)

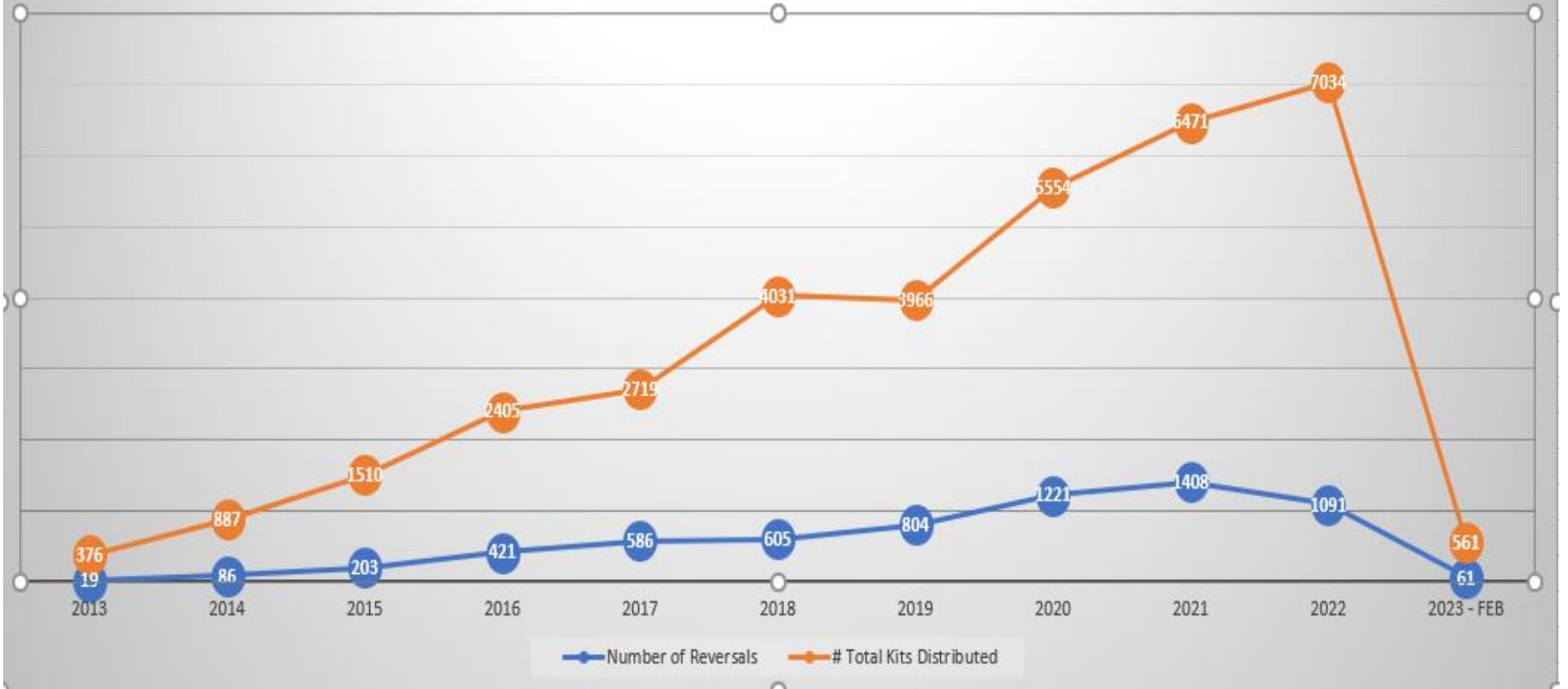
Brief education on use

Leave with a FREE Project DAWN kit



For more information visit: www.metrohealth.org/projectdawn

Project DAWN Annual Overdose Reversals & Naloxone Kit Distribution 2013-2023





Expanded Mobile Unit

Offers:

- Syringe Exchange Program
- Safe Injection Supplies
- Project DAWN Kits
- Fentanyl Test Strips
- Condoms
- HIV & HCV Testing
- Linkage to care
- Additional Resources

3370 W. 25th St.
(across from Main Campus)
Mon.- Fri. 10 a.m.- 2 p.m.

www.metrohealth.org/projectdawn

2022 Data



Year in Review:

378,819 Syringes Distributed

9,153 Encounters

3,100+ Fentanyl Test Strips Distributed



2022 Data



Year in Review:

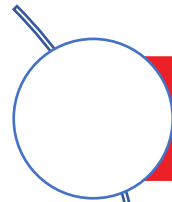
Community Engagement

- HIV Tests: 46, HCV Tests: 32
- Naloxone Kits distributed on RV: 3,288
- 2,400 FTS distributed on RV
- 86% Positive Behavior Change (with a positive test strip)

Achievements

- Obtained new RV
- Successful Overdose Awareness Day & Recovery Month Events
- Increased testing numbers from 2021
- 150 Giftbags distributed with holiday grant
- Continued Partnership with Foodbank

Naloxone Emergency Cabinets Program



Box affixed to wall that stores Naloxone



Easily accessible during OD emergency



Installed in public & private locations

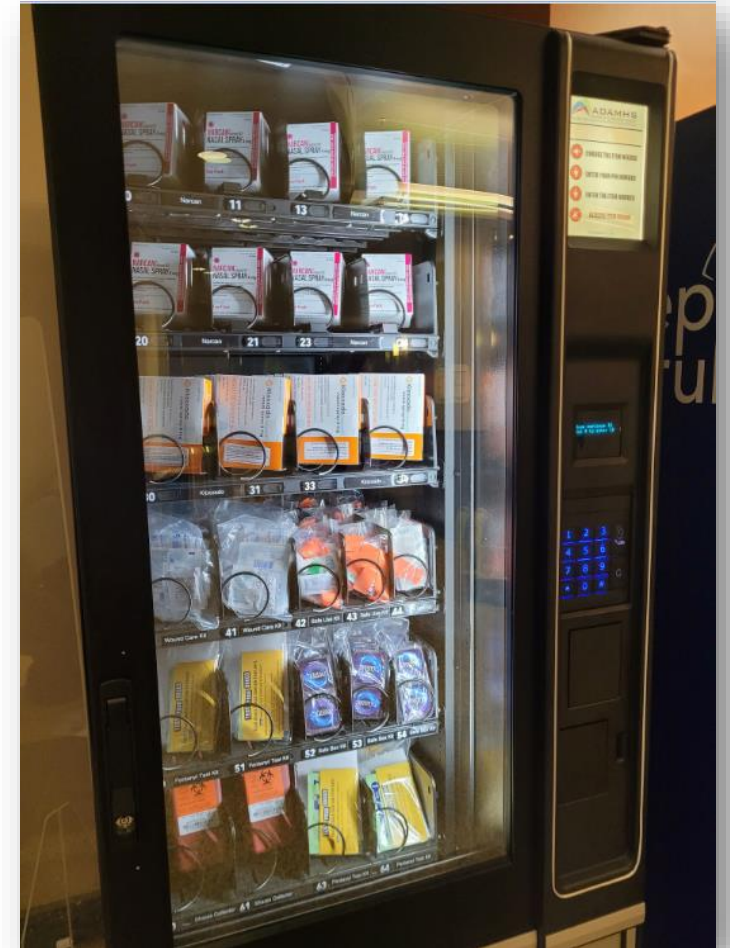


Harm Reduction Vending Machine

24/7
Availability

FREE Narcan
or Kloxxado

Other harm
reduction
items available



Barriers



Support Your Local Syringe Service Program!!

SYRINGE SERVICES PROGRAMS

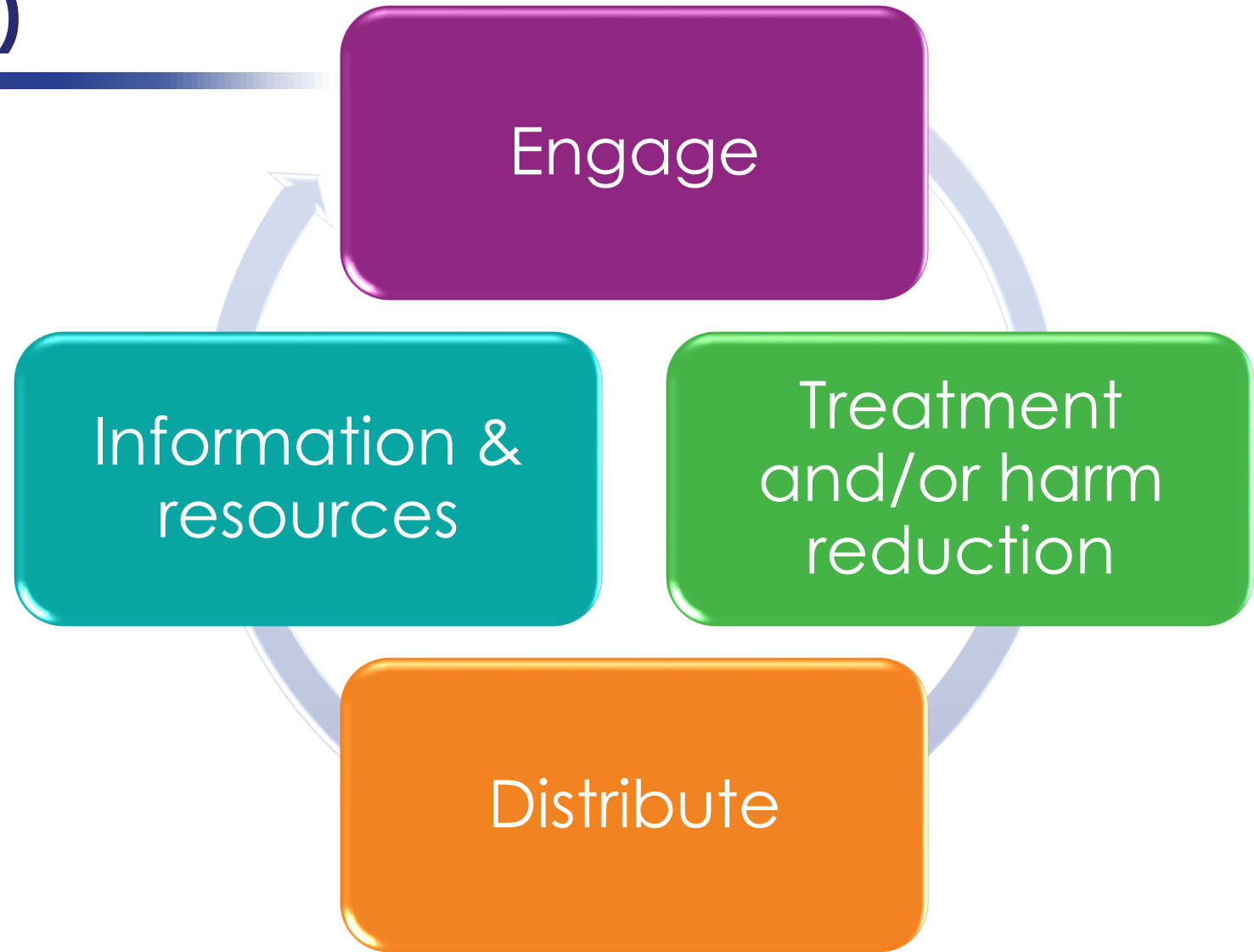
SSPs are a safe, effective, and cost-saving way to **prevent the spread of HIV and HCV** through injection drug use.



Quick Response Teams (QRT)



Quick Response Team (QRT)



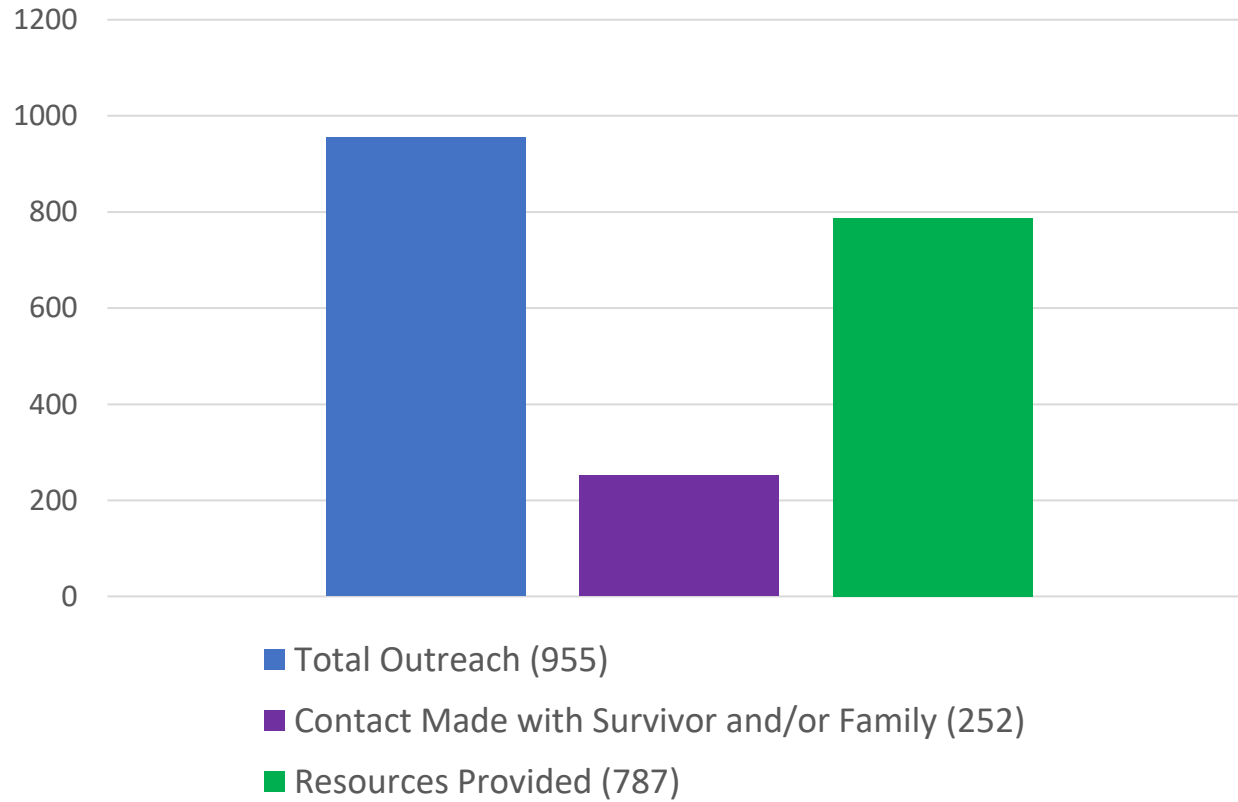
Quick Response Team (QRT)

Partners with:

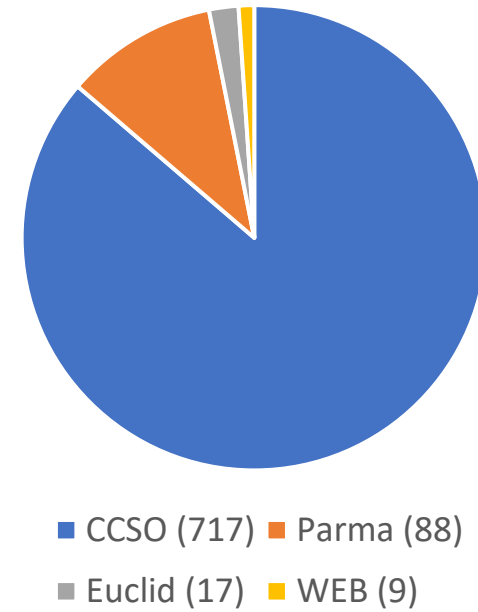


QRT Data

2022 Totals



Total Outreach by Department: 2022

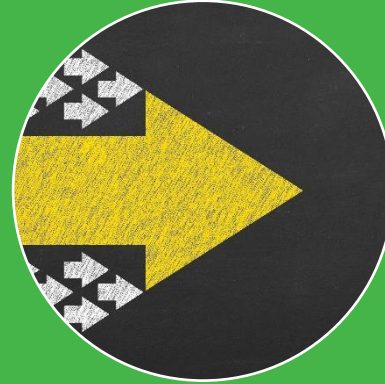




Only hospital
driven
organization
operating
QRT



Members of
Ohio QRT



Leaders in
best
practices



Represented
Ohio QRT at
the National
Opioid
Conference



Barriers

- Making face to face contact w/ Survivor
- Tracking long term treatment outcomes

Future Goals

- Adding an additional QRT day with CCSO
- Beginning 90 day & 6-mo. follow-ups
- Keeping clients within MetroHealth system

Expanding Access to Medication Assisted Treatment (ExAM)



ExAM Program (Expanding Access to MAT/MOUD)

Collaboration with MH & CCCC

ID & Assessment of inmates with OUD

Alternative to Incarceration Program Pre-Trial

Connect inmates to ongoing care



ExAM Program Goals

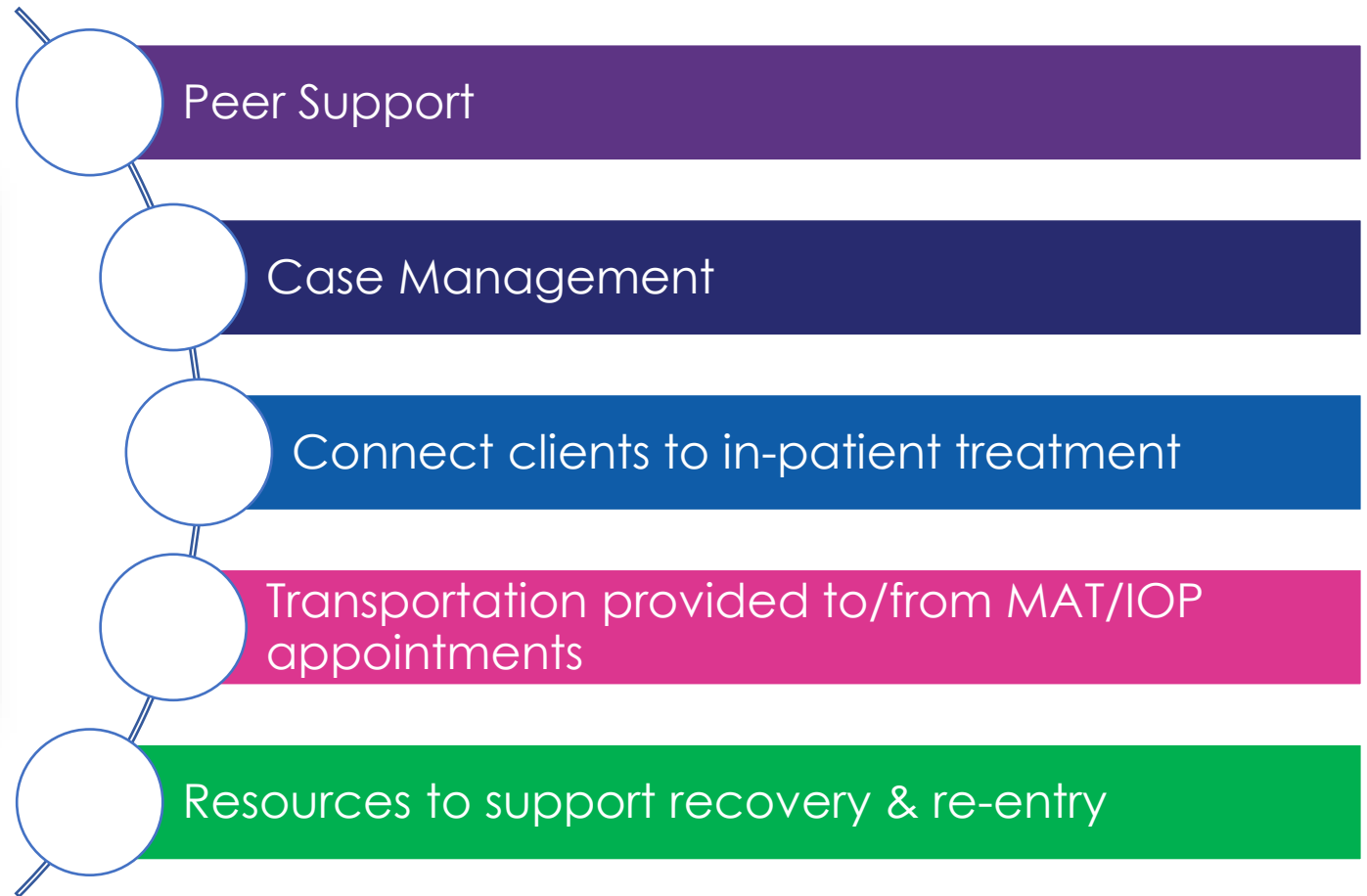
Reduce mortality & recidivism

Provide patients with Medicated Assisted Treatment (MAT)

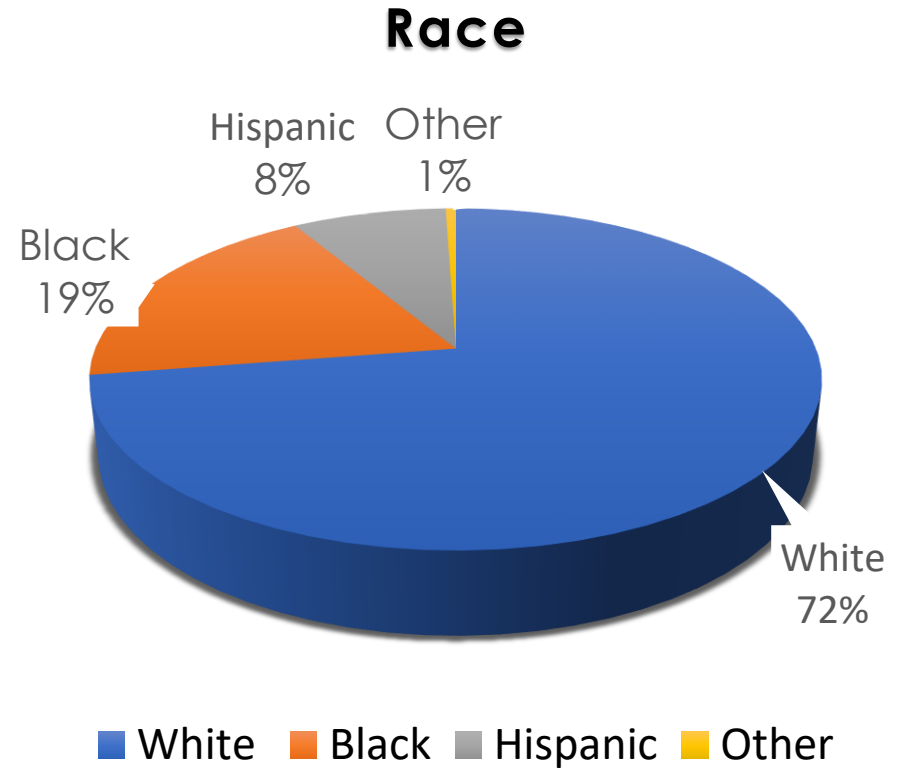
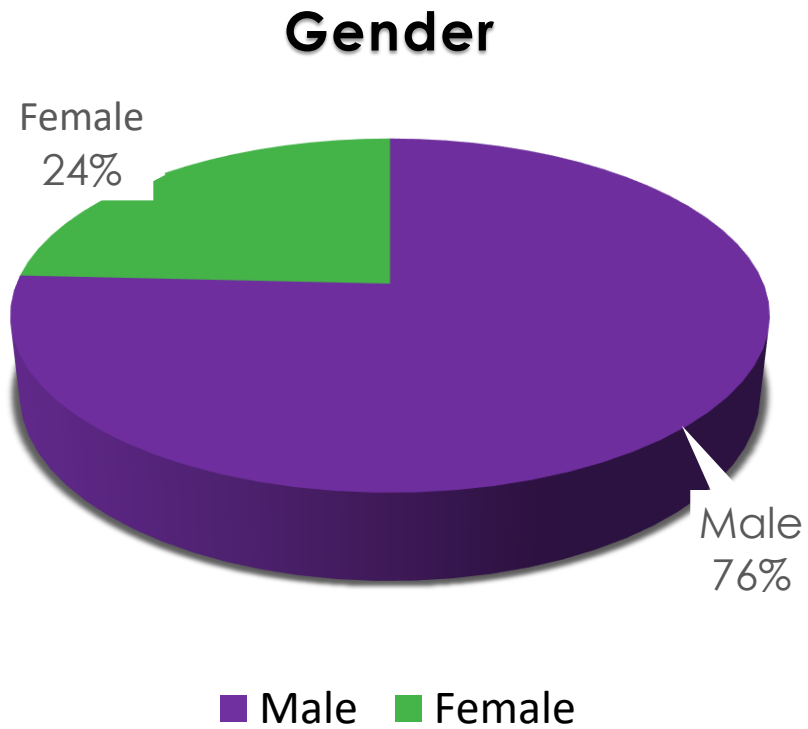
Support patients while in treatment

Support beyond release

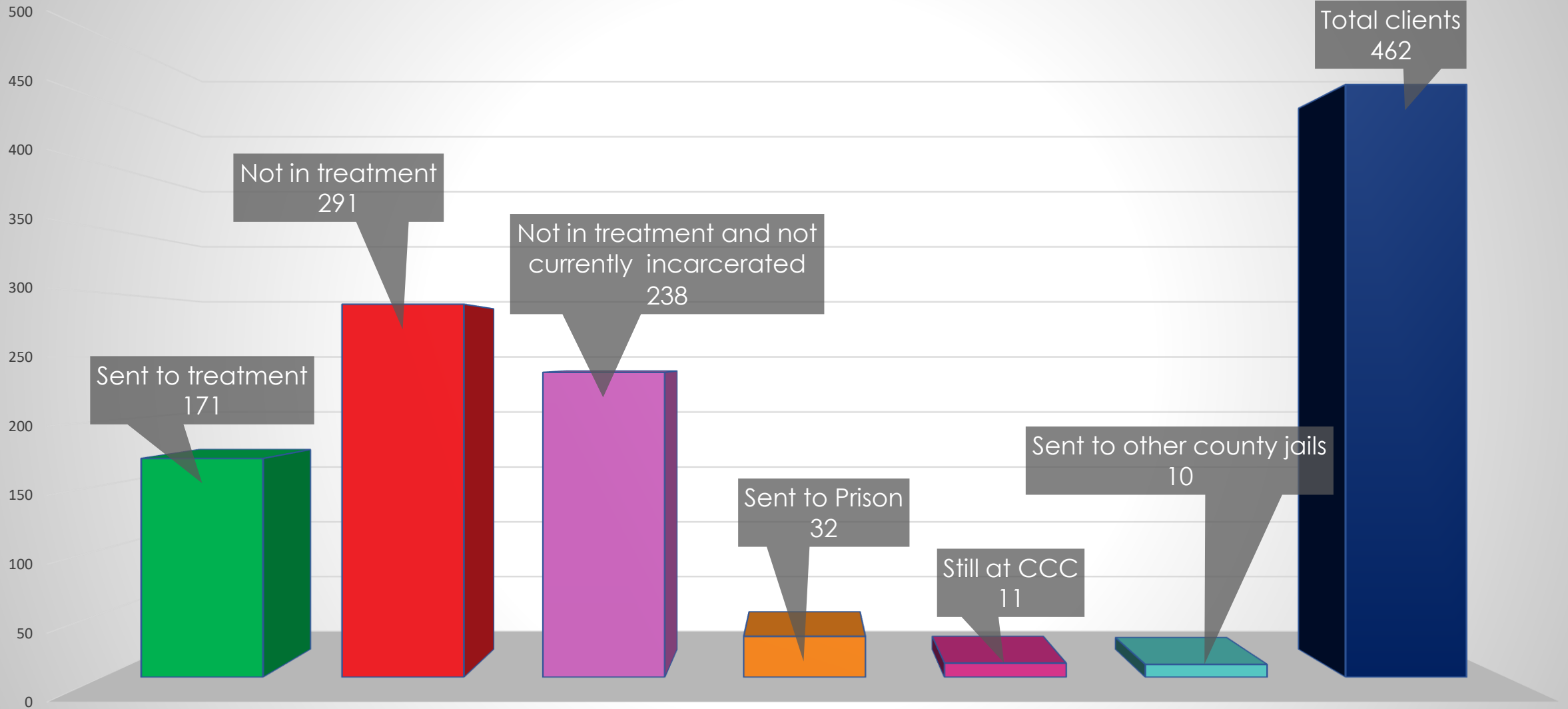
Recovery Support



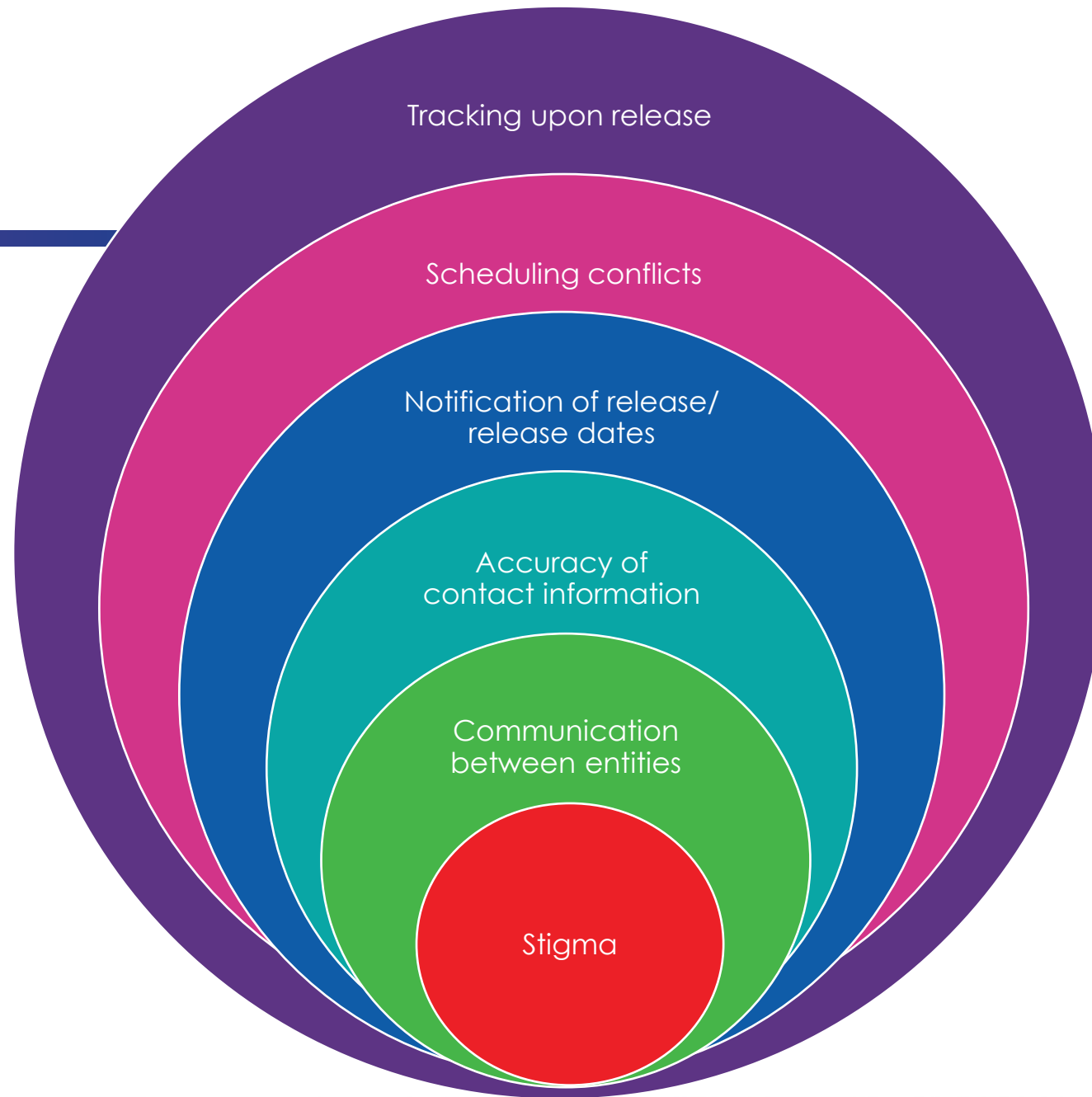
2022 ExAM Data



Treatment Referral & Follow-up Care



Barriers



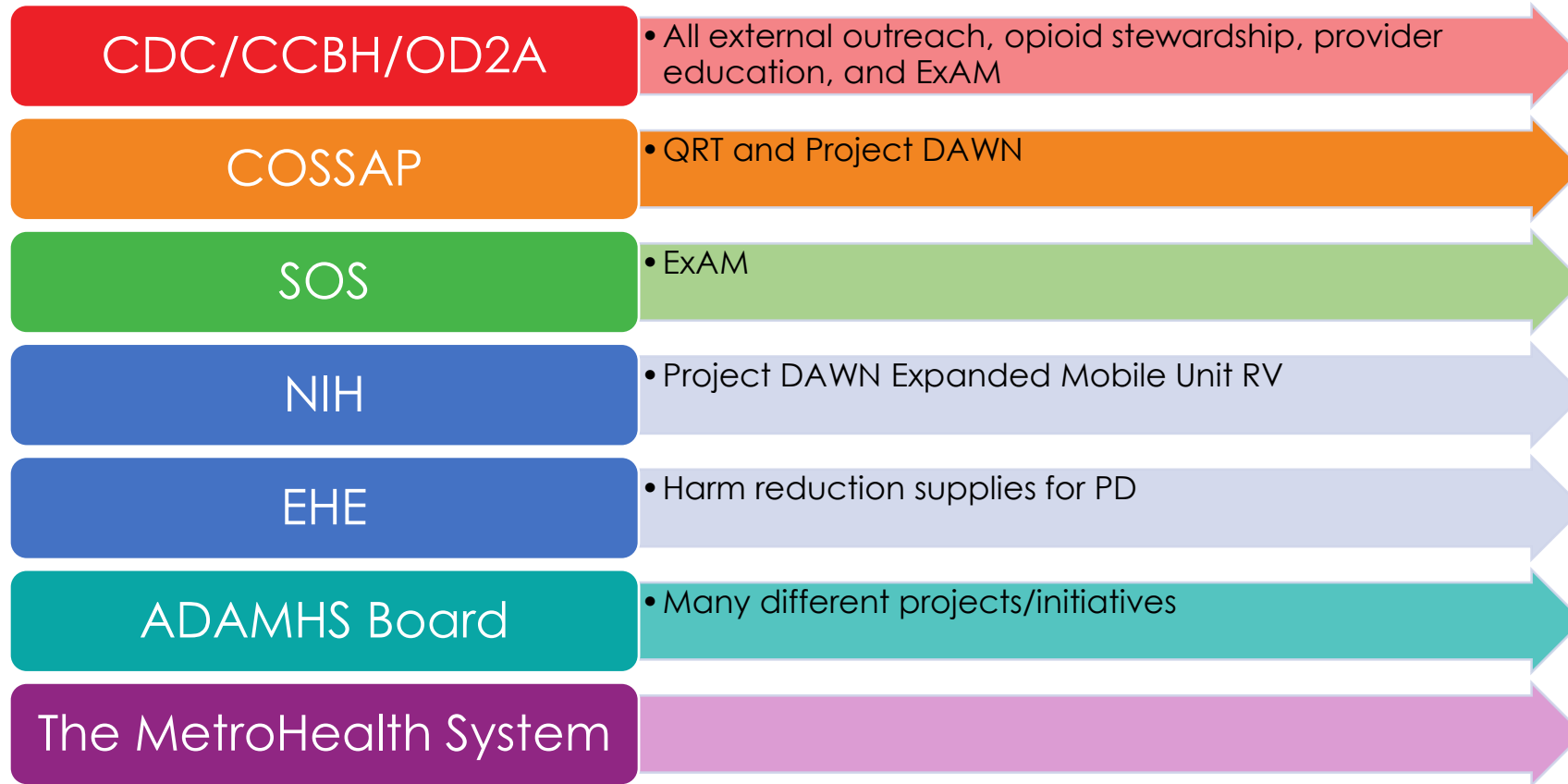


How Do We Fund All of These Programs & Initiatives?

Grant Support



We receive funding from the following sources:



& Linkage to Care

metrohealth.org

FARBER
PRIORITY VEHICLE

NALOXONE

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216-778-5677

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MetroHealth

OnePath:

SAFER OPIOID PRESCRIBING

There is another way...

OnePath is your toolkit for helping to combat the opioid epidemic as a member of the medical community with empathy, mindfulness, and a big-picture perspective.

www.onepathpodcast.com

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QUESTIONS?